

BACHELOR'S PROGRAM (B.A.)

PSYCHOLOGY

PAPER CODE - BAPSY01

CREDIT - 04

BASIC PSYCHOLOGICAL PROCESSES

UNIT-1

Introduction - Definition and goals of psychology; behaviouristic, cognitive and humanistic; cross-cultural perspective; Methods : Experimental, observation, interview, questionnaire and case study.

UNIT-2

Biological bases of Behaviors : Genes and Behavior, the nervous System : C.N.S., A.N.S. and peripheral Nervous system; Glands and Hormones, Emotions : Expression and control.

UNIT-3

Sensory Perceptual Processes - Nature and types of sensation and Perception; Attentional Processes : Definition, types and determinants; Principles of Perceptual organization; Thinking process : Nature and types.

UNIT-4

Learning and Memory : Classical and Operant conditioning - Basic Processes ; verbal and observational learning; memory : Sensory, S-T.M., L.T.M. Forgetting : Process and theories.

UNIT-5

Cognitive and non cognitive processes : Intelligence : Nature and types; motivation : Biogenic and Sociogenic motives; Personality: nature and determinants, Approaches to study personality : trait and types, Assessment of Personality.

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PAPER CODE - BAPSY02

CREDIT - 04

PSYCHOPATHOLOGY

UNIT-1

Introduction : The concept of normality and abnormality; Models of Psychopathology: Psychodynamic, Behavioral and cognitive.

UNIT-2

Assessment of Psychopathology :- Diagnostic tests, Rating scales, clinical interview, projective tests.

UNIT-3

Anxiety Disorders : Panic disorder, Phobias, obsessive compulsive disorder, anxiety, disorder, Dissociative disorder.

UNIT-4

Mood and personality disorders - Manic - depressive episode, paranoid, schizoid, Dependent Personality, Dysthymia, obesity.

UNIT-5

Management of Psychopathology : Stress management; Medico and Psychosocial Therapy : Shock therapy, Psychoanalysis, Group therapy and Behaviour therapy.

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PAPER CODE - BAPSY03

CREDIT - 04

SOCIAL PSYCHOLOGY

UNIT-I

Nature, goal and scope of social psychology, methods of social psychology: experimental, survey, interview, observation, sociometry. Approaches to study of social behaviour: psychoanalytic, cognitive, behavioural.

UNIT-II

Social Perception : Perception of self and others, impression formation and its determinant, prosocial behaviour : co-operation and helping, personal, situational and socio-cultural determinants.

UNIT-III

Stereotypes : Nature, determinants, prejudice : nature and determinants, Attitudes: nature and measurements, interpersonal attraction and its determinants.

UNIT-IV

Group Structure and function, social facilitation, conformity, cohesiveness. Group Norms. Leadership : Nature types characteristics and functions.

UNIT-V

Social issues : Aggression, determinants, prevention and control. Population Explosion : nature and consequences, socio, cultural pollution : corruption, mob behaviour, gender discrimination and child labour.

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CREDIT - 04

PSYCHOLOGICAL ASSESSMENT

UNIT-I

Psychological Assessment : Concept, difference between physical and psychological assessment, levels of assessment, barriers to psychological assessment, Unidimensional and multidimensional assessment.

UNIT-II

Psychological Test: Concept, characteristics, types, standardized and nonstandardised, group, performance and verbal, uses of psychological tests.

UNIT-III

Test Construction : Steps in test construction, Reliability: Test-retest, split-half, factors affecting reliability, validity: Content and predictive, factor affecting validity. Norms-age and grade.

UNIT-IV

Cognitive and noncognitive tests : cognitive-introduction to intelligence, aptitude, achievement testing. Noncognitive: Introduction to personality, interest, value testing.

UNIT-V

Psychological Testing in applied aspects of life : education, occupation, social, health and organization, socio-cultural factors in psychological assessment.

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CREDIT - 04

PSYCHOLOGICAL STATISTICS

UNIT-I

Statistics : Meaning and application in Psychology, nature of score, categorical and continuous variables, frequency distribution, Graphic representation of data.

UNIT-II

Measures of Central Tendency : Mean, Median and mode of group and un group data, Measures of variability : Range, S.D., Q.D., A.D., applications of measures of central tendency and variability.

UNIT-III

Nature and characteristics of normal probability curve : concept of skewness and Kurtosis, Correlation : Concept, Types and methods - rank difference and product moment (in ungrouped data), Biserial and Tetrachoric coefficient.

UNIT-IV

Inferential statistics : Concept of null Hypothesis, level of significance, type I error & type II error, T-test (uncorrelated data)

UNIT-V

Distribution free statistics : Chi-square, Median and sign test, applications of computer in psychological statistics.

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CREDIT - 04

HUMAN DEVELOPMENT

UNIT-I

Concept of Human Development, Theories of Human Development : Psychoanalytical and Maslow, Determinants of Human Development - Biological, social, cultural factors, Approaches to study human developments : Longitudinal and cross - sectional.

UNIT-II

Socialisation : Role of family, peers and school, Media and socialisation, Ecological factors in Human Development, Cognitive Development : Theoretical Perspectives Piaget, Information Processing, Vyogotsky.

UNIT-III

Self and Identity : Emergence of self, Development of personal identity, identity crises, Physical and sexual maturation, Sequential development of emotions.

UNIT-IV

Development of morality and self concept, Development of gender differences and gender roles. Role of marriage, family and occupation in Human Development.

UNIT-V

Problems of Aging - Cognitive, conative, affective, Developmental Disabilities.

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ENVIRONMENTAL PSYCHOLOGY

UNIT-I

Evaluating environmental ethics from values about nature in the ancient India systems. Earth as a living system, Psychological approaches to environment: Eco cultural Psychology (Berry), Bio-social Psychology (Dawson), Ecological Psychology (Berkar) Person Environment Transactions (sokols, Itlelson)

UNIT-II

Effects of environment on behaviour : Noise pollution chemical Pollution, crowding and personal space. Effect of behaviour on environment: Perception, Preferences and awareness of environment.

UNIT-III

Human Nature and environmental problems : Pro-social and pro environment behaviours, Eco-systems and their components Demography : Mortality and fertility, Resource Use : Common Property resources, Sustainable Development, Ecology: Acculturation and Psychological adaptation.

UNIT-IV

Methods : Naturalistic observation and field surveys. Environmental Assessment: Naturalistic observation and field surveys Socio - Psychological dimensions of environments impact Environmental deprivation : Nature and consequences, Creating environmental awareness - Social Movements : Chipko, Tehri Narmad.

UNIT-V

Application of Psychology in an environment fit: Education - Classroom environment, Industry - Industrial / Organisational effectiveness, Health - Physical, mental and spiritual, social - Communal harmony and National integration.